



MAASAI MARA UNIVERSITY

HEALTH POLICY

Policy No.	MMU/HE/P01
Version	01
Principal Responsibility	MEDICAL OFFICER
Effective Date	15 th January, 2018

Approval of Regulations

This Policy shall be known as the Health Policy of Maasai Mara University (herein after referred to as “the Policy”) which shall take effect on the date of approval by the University Council.

In exercise of the powers conferred by Statute 17 (2d) of Maasai Mara University, section 35(1) (a) (iii) of the Universities Act No. 42 of 2012 and section 19 of the Charter for Maasai Mara University 2013, Maasai Mara University Council affirms that these Regulations have been made in accordance with all relevant legislations.

Dated the day of2018

Signed:

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Foreword

Maasai Mara University offers varied academic programmes, in order to effectively execute its mandate, a healthy workforce and students' community is imperative. This policy takes forward the agenda of staff and students health as envisioned by the University. It focuses on identifying key strategies for deploying and potentially improving health services.

The key to the success of this policy lies in its implementation. This is not an easy task but is by no means impossible. This policy outlines the framework for health service delivery. It will be implemented in collaboration with the Ministry of Health and the County Government.

Over the world, progressive investments in strengthening the capacity of the health sector to deliver desired outcomes have yielded critical lessons in terms of successes and challenges. These lessons have continued to inform policy formulation and implementation by global health initiatives, countries and even government urgencies such as Maasai Mara University.

This policy is geared towards achieving Vision 2030 and Sustainable Development Goal (SDG) number 3 on ensuring healthy lives and promoting the well-being for all at all times.

Prof. Mary K. Walingo, PhD, MKNAS, EBS

Vice – Chancellor

Definition of Terms

“The University” means Maasai Mara University

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Acronyms and Abbreviations

NHIF National Hospital Insurance Fund.

1. Introduction

Maasai Mara University is a successor of the then Narok University College which was established as a University College of Moi University in 2008. The university is located within Narok County. It attained full University status following the enactment of the University's Act, 2012 and the award of the charter on 12th February 2013 from which it draws its mandate. The University now operates five Schools namely: School of Science and Information Sciences, School of Education, School of Business and Economics, School of Tourism and Natural Resource Management and the School of Arts and Social Sciences.

According to the Commission for Universities Education, Standards and Guidelines of 2014 part II of standards for physical resources: Every University shall provide appropriate and adequate facilities, as a minimum health unit shall be provided. In cognizance of this fact, the University has a health Unit which is registered with the Ministry of Health as a University Health Centre. Its core function as a key department is to offer health services to staff, their dependants, students and the community; in terms of curative, psychological, supportive and preventive medicine in evidence-based approach.

The University Health facility is endowed with competent and highly qualified health professionals who are registered by respective medical professional bodies. The professionals include; Medical Officers, Pharmacists, Nurses, Pharmaceutical Technologists, Medical Laboratory and Health Records officers, Nutritionists, Counselors among others.

The facility is open 24 hours. The Management of the University ensures equitable allocation of resources aimed at covering the health needs of staff and their dependants, and students in session in terms of human drugs and consumables.

According to the Kenya Health Policy (2014- 2030), The Common and recurring challenges in the health sector include: high disease burden arising from both communicable and non-communicable diseases; inadequacies in both number and skills of human resource for health; inadequate financing of health care to address these challenges; gaps in managerial and governance capacity especially in the response to rising expectations with devolution of health services.

1.1 Vision, Mission and Core Value

Vision

To be a world class university committed to academic excellence for development

Mission

To provide Quality University education through innovative teaching, research and consultancy services for development

Core Values

Excellence

Team Work

Professionalism

Equity and Social Justice

Creativity and Innovativeness

Transparency and Accountability

2. Purpose

The purpose of this policy is to promote a healthy staff, students and the community.

3. Policy Statement

This policy aims at ensuring that the health services department continuously offer preventive, diagnosis, treatment and care services to the university community and its environs.

4. Policy Objectives

- i. To attain universal coverage of critical services that positively contributes to the realization of overall policy goal.
- ii. To reduce the burden of communicable conditions by addressing their root causes

- iii. To ensure quality care in of the provision of preventive and promote services by addressing major causes of the burden due to non- communicable diseases within the University community.
- iv. To Enhance comprehensive control of communicable diseases by designing and applying integrated Health services provision tools, mechanisms and processes through provision of affordable, equitable, accessible and responsive health care to clientele by strengthening the planning and ensuring that demand driven priorities are efficiently and effectively implemented.
- v. To minimize health related negative outcomes by addressing factors that directly influence outcomes of substance abuse e.g. alcohol, tobacco and other substance abuse
- vi. Strengthening and collaboration with other institutions that have an impact on health by enhancing health literacy through health promotional activities like access to safe water and adequate sanitation, basic hygiene, nutrition, road safety, occupational hazards among others.

5. Scope of the Policy

This policy covers all bona fide staff and students of Maasai Mara University and members of the community registered with NHIF.

6. Policy Principles

The university health policy shall be guided by the following principles;

- i. Equity in distribution of health services and interventions
- ii. People-centered approach to health and health intervention.
- iii. Participatory approach to delivery of interventions.
- iv. Multi-sectoral approach to realizations of health goals
- v. Efficiency in application of health technologies.
- vi. Social accountability.

7. National Policy Orientations

- i. Organogram of health Service Delivery:
- ii. Management of Health services.

- iii. Health Work force- Human resource
- iv. Health products and technologies:
- v. Health Information Systems.
- vi. Health infrastructure- physical infrastructure

8. Medical Benefits for Maasai Mara University

- i. The University shall provide a comprehensive NHIF medical cover for its members of staff.
- ii. All students shall register with NHIF for the provision of outpatient health services at the beginning of every academic year.
- iii. Legal dependants of Employees of Maasai Mara approved by University below the age of 18 years are catered for. Those above the age of 18 years to 25 years and are institutions of higher learning approved by the University are also catered for.
- iv. Employees of Maasai Mara University traveling outside the country for personal reasons shall be expected to make personal arrangements for medical cover.
- v. Dentures shall not be covered by the University
- vi. All students in shall cater for the medical bills for inpatient services
- vii. Students on field attachments must secure health insurance before being sent for the same attachment.
- viii. Referrals for Employees/Dependants Grades 1-4 for In-patient can be undertaken at all Government hospitals and Approved mission hospitals.
- ix. Referrals for Employees/Dependants grades5-18 for In-patient can be undertaken at
- x. all approved university hospitals
- xi. Over and above bed entitlement after NHIF rebate shall be as per negotiated CBAs
- xii. in respective grade
- xiii. 12. Dental and Optical entitlement shall be as per negotiated CBAs in respective grade

9. General Guidelines

- i. Gate keeping/ consultation fee of Ksh 200/= shall be charged for clientele not covered by NHIF. (This fee shall be waived for children under five years of age)
- ii. Limits for Inpatient/Outpatient for all grades shall be introduced and negotiated by the respective Unions and signed in respective CBA through a negotiated staff NHIF scheme
- iii. Medical expenditures shall be limited to In-patient/Out-patient allocations provided for staff in the respective CBAs
- iv. The University shall have M.O.U.s with Primary consultants from County Referral Hospital who will review Patients from the university on daily basis as need arises at negotiated rates before staff/dependants can be referred to other facilities outside the County.
- v. The University Management shall consider introduction of 1% PSSP student's payment is allocated to the Health budget.
- vi. The University shall procure a Dental chair, Ultrasound equipment and X-ray machine. This will enhance service delivery to Employees/Dependants and lower costs on medical bills
- vii. All members of staff of Maasai Mara University together with their dependants must be enrolled with the NHIF scheme and be accredited to receive all patient services of Maasai Mara University Health Unit.
- viii. Treatment of civil servants and disciplined forces accredited to the facility will be treated in the university health facility upon verification of documents and receives of payments by the NHIF on quarterly basis.
- ix. Dental and Optical services for civil servants and disciplined forces accredited to the facility will be done directly by the NHIF and not the university.

- x. The University Management shall appoint a team of primary consultants in the relevant medical disciplines who will review patients (staff and their dependants) on referral by primary care medical personnel (medical/clinical officers).
- xi. A comprehensive NHIF staff medical scheme shall be introduced for staff.

10. Implementation

The Medical Officer shall be responsible for the implementation of this policy.

11. Review

This policy shall be reviewed from time to time as shall be necessary.